



American River College Student Health Services



Address: American River College
Administration Building
4700 College Oak Dr.
Sacramento, CA 95841

Hours: Monday – Thursday
8:30 AM – 5 PM
Walk-ins only
Friday
8:30 AM – 1:30 PM
Appointments only

Phone: 916-484-8383

Website: <http://www.arc.losrios.edu/HealthCenter>

What they provide*:

IUD	No
IUD – same day	No
The implant	No
The implant – same day	No
The pill	No
The patch	No
The ring	No
The shot	No
Condoms	Yes
Emergency contraception	No

*Referrals for other methods may be available.

Takes walk-ins? Yes

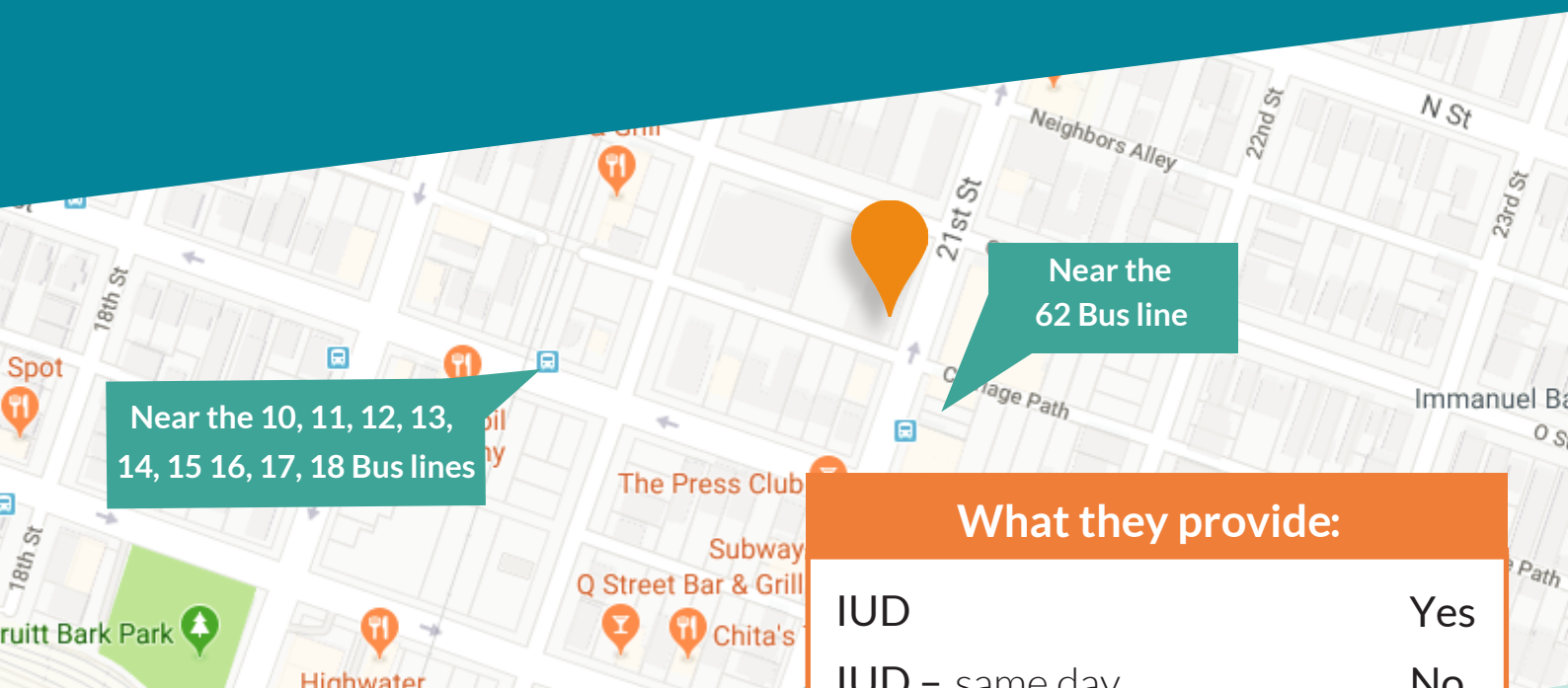
Accepts Medi-Cal? No

Accepts Family PACT? No

Tips:

- Domestic Violence and Sexual Assault services are available on Wednesdays 9am-11am (drop-ins) and 11am-4pm (appointments).

One Community Health Midtown Campus



Near the 10, 11, 12, 13,
14, 15, 16, 17, 18 Bus lines

Near the
62 Bus line

Address: One Community Health
Midtown Campus
1500 21st St
Sacramento, CA 95811

Hours: Monday - Thursday
7:45 AM - 7 PM (Building A & B)
Friday
7:45 AM - 6 PM (Building A & B)
Saturday
8:45 AM - 5 PM (Building B)

Phone: 916-443-3299

Website: [oncommunityhealth.com/
locations/midtown-campus/](http://oncommunityhealth.com/locations/midtown-campus/)

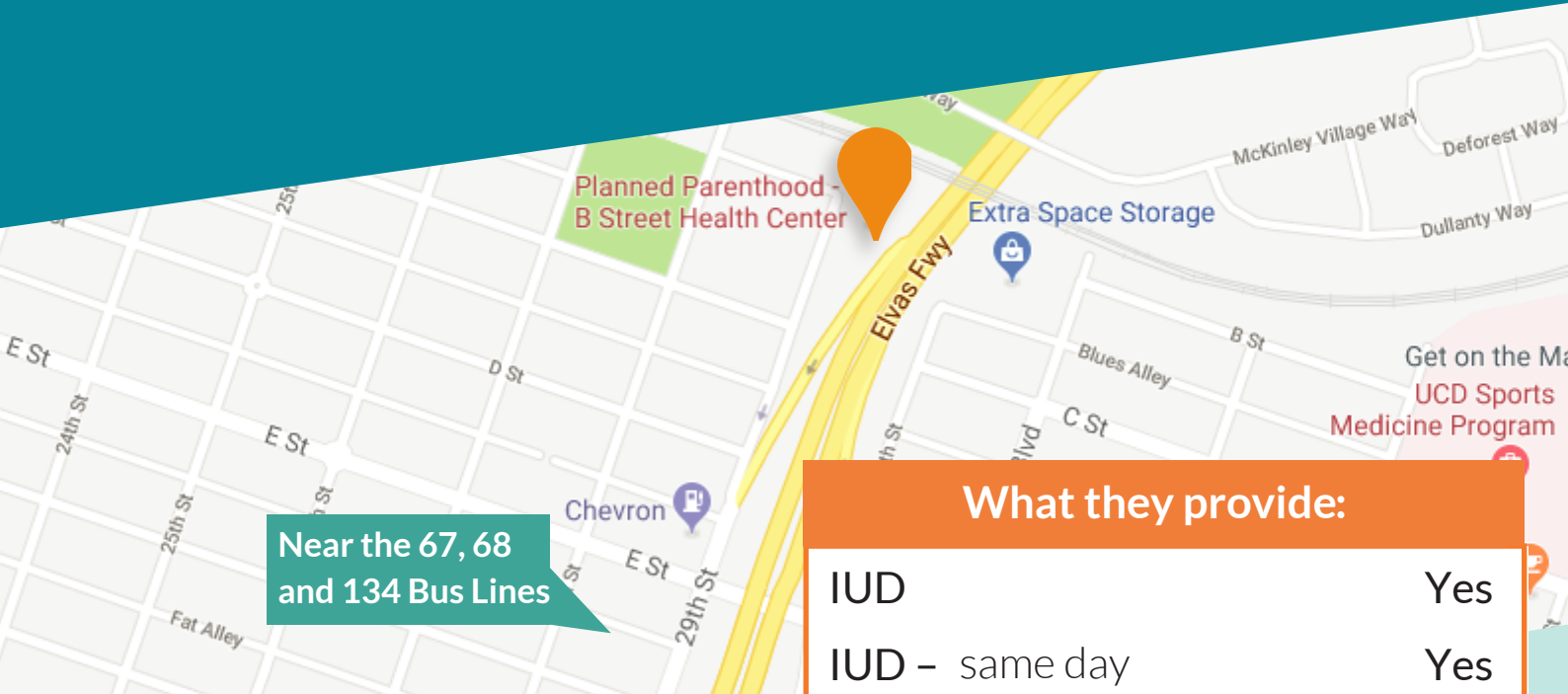
What they provide:	
IUD	Yes
IUD - same day	No
The implant	Yes
The implant - same day	No
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
External condoms	Yes
Internal condoms	Yes
Emergency contraception pill	Yes

Takes walk-ins?	No
Phone/video appointments?	Yes
Accepts Medi-Cal?	Yes
Accepts Family PACT?	Yes
Accepts Private Insurance?	Yes

Tips:

- Clinic is closed every Wednesday between 12 pm-2 pm for staff meetings
- No insurance? Ask about Family PACT and how a sliding fee scale can help adjust the cost of your services.

Planned Parenthood B Street Health Center



Near the 67, 68
and 134 Bus Lines

Address: Planned Parenthood
201 29th Street, Suite B
Sacramento, CA 95816

Hours: MONDAY - FRIDAY
8 AM - 6:30 PM

Phone: 916-446-6921

Website: plannedparenthood.org/

What they provide:

IUD	Yes
IUD – same day	Yes
The implant	Yes
The implant – same day	Yes
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
External condoms	Yes
Internal condoms	Yes
Emergency contraception pill	Yes

Takes walk-ins? Yes

Phone/video appointments? Yes

Accepts Medi-Cal? Yes

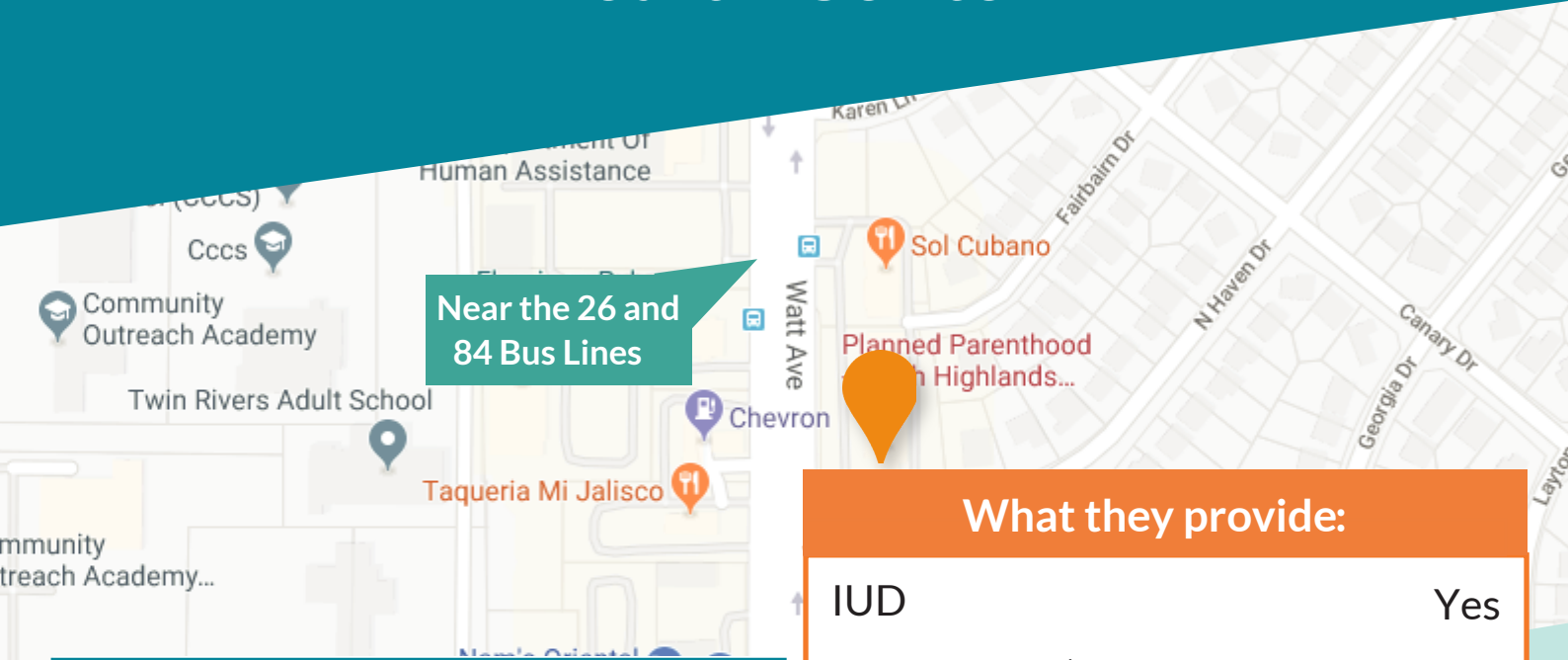
Accepts Family PACT? Yes

Accepts Private Insurance? Yes

Tips:

- Book an appointment online due to limited walk-in availability.
- Walk in any time during clinic hours to get emergency contraception.

Planned Parenthood North Highlands Health Center



Near the 26 and 84 Bus Lines

Address: Planned Parenthood
5700 Watt Ave
North Highlands, CA 95660

Hours: MON: 8 AM – 5:30 PM
TUES - THURS: 8 AM – 5 PM
FRI: 8 AM – 4:30 PM

Phone: 916-332-5715

Website: plannedparenthood.org/

What they provide:

IUD	Yes
IUD – same day	Yes
The implant	Yes
The implant – same day	Yes
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
External condoms	Yes
Internal condoms	No
Emergency contraception pill	Yes

Takes walk-ins? Yes

Phone/video appointments? Yes

Accepts Medi-Cal? Yes

Accepts Family PACT? Yes

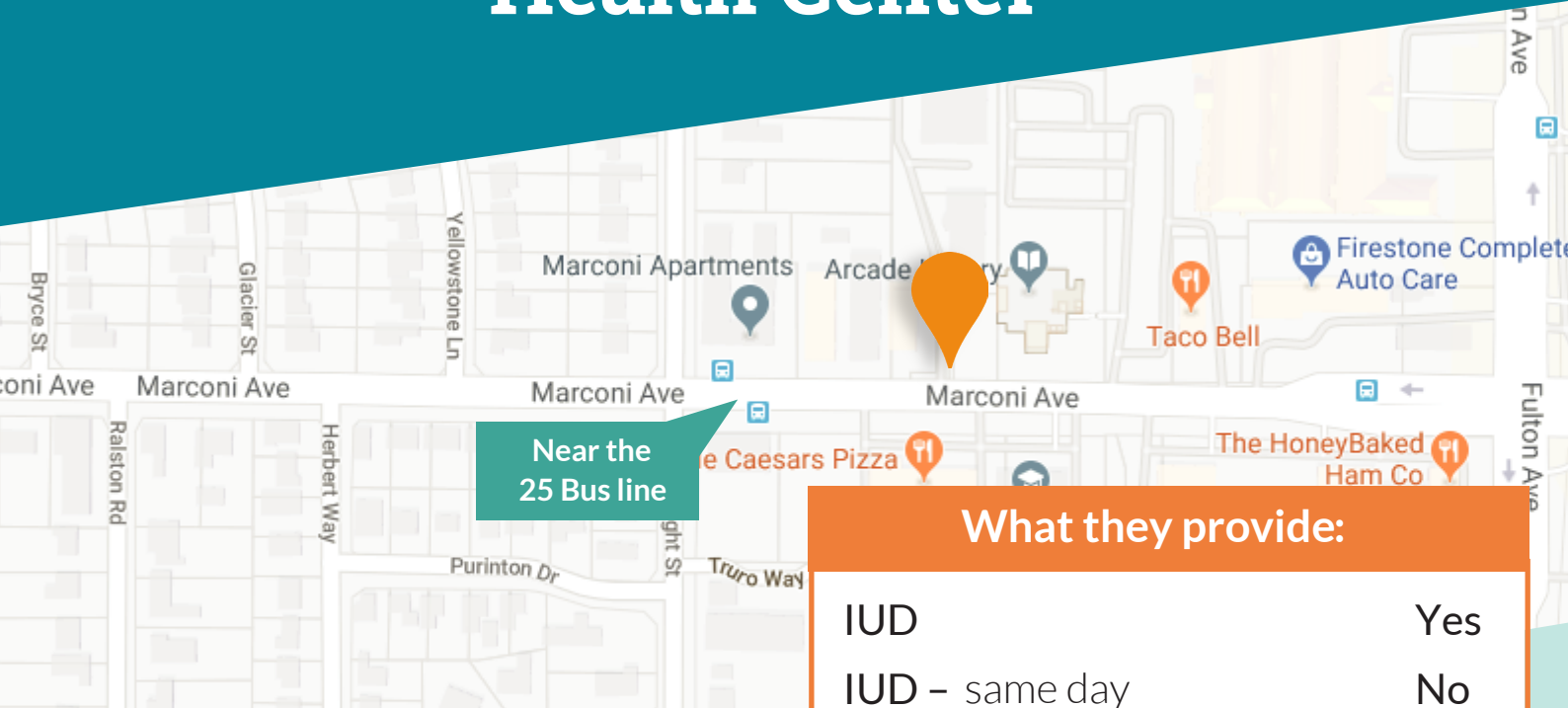
Accepts Private Insurance? Yes

Tips:

- Book an appointment online due to limited walk-in availability.
- They offer translations during visits in Spanish, Punjabi, and Tagalog!

WellSpace

Arden-Arcade Community Health Center



Address: WellSpace Arden-Arcade Community Health Center
2433 Marconi Ave.
Sacramento, CA 95821

Hours: Monday – Friday
8 AM– 5PM

Phone: 916-392-2290

Website: [wellspacehealth.org/
services/womens-health](http://wellspacehealth.org/services/womens-health)

What they provide:

IUD	Yes
IUD – same day	No
The implant	No
The implant – same day	No
The pill	No
The patch	Yes
The ring	Yes
The shot	Yes
External condoms	Yes
Internal condoms	Yes
Emergency contraception pill	Yes

Takes walk-ins?	No
Phone/video appointments	Yes
Accepts Medi-Cal?	Yes
Accepts Family PACT?	Yes
Accepts Private Insurance?	Yes

Tips:

- To schedule an appointment, you need to be an existing patient. Call for an enrollment appointment and bring proof of residency, income, and a photo ID
- No insurance? Ask about Family PACT and how a sliding fee scale can help adjust the cost of your services